






















# Monday 30th Daily Timetable

Links	Description	Point System
	<b>I am ready to learn:</b> <input type="checkbox"/> I have had breakfast (1 point). <input type="checkbox"/> I have brushed my teeth (1 point). <input type="checkbox"/> I have made my bed and tidied my bedroom (1 point). <input type="checkbox"/> I am wearing a HWPS school shirt (1 point).	
	<b>Online Roll Check</b> Click on the picture and complete the online roll check to show that you are learning from home today.	1 point
	<b>Science</b> Click on the picture to find today's Science activity (25 minutes).	2 points
	<b>Class Zoom 10am</b> Go to Google Classroom to find your classes login URL, member ID & password (45 minutes).	5 points
<b>Screen Free Crunch &amp; Sip</b> Enjoy a fruit or vegetable snack and a drink of water. After you finish your snack, try jumping 20 times like a frog (15 minutes).		
	<b>Writing</b> Click on the picture of the hand with the pencil for today's writing task (20 minutes).	3 points
<b>Screen Free Morning Tea</b> Enjoy a healthy snack and have a play.		
	<b>PM Readers Online</b> Click on the picture of the reader/books and read one book today (15 minutes).	3 points
	<b>Wiggle and Move Break</b> Click on the picture to complete today's movement activity (5-10 minutes).	2 points
	<b>Mathematics</b> Click on the picture for today's Maths activity (25 minutes).	2 points
<b>Screen Free Lunch</b> Enjoy a healthy lunch and have a play (30 minutes).		
	<b>Story Time</b> Click on the picture to find today's story time (10 minutes). Try retelling the story to someone at your house (10 minutes)	2 points
	<b>Music</b> Click on the picture to find today's Music lesson with Mr Debnam (15 minutes).	2 points
	<b>Mindfulness</b> Click on the picture to find today's mindfulness activity (10 minutes).	1 point
	<b>Finished</b> You have finished today's planned learning. Well done! Tally up your points and upload them to Seesaw. Now it's time to turn off your screen and get some down time.	
	<b>Extension</b> If you want an extra challenge you can complete 1x assigned <a href="#">Reading Eggs</a> activity and 1x assigned <a href="#">Mathletics</a> activity. You might like to do <a href="#">Learning Centres</a> or you can finish off unfinished work.	Not mandatory No points

## Tuesday 31st Daily Timetable

Links	Description	Point System
	<b>I am ready to learn:</b> <input type="checkbox"/> I have had breakfast (1 point). <input type="checkbox"/> I have brushed my teeth (1 point). <input type="checkbox"/> I have made my bed and tidied my bedroom (1 point). <input type="checkbox"/> I am wearing a HWPS school shirt (1 point).	
	<b>Online Roll Check</b> Click on the picture and complete the online roll check to show that you are learning from home today.	1 point
	<b>Science</b> Click on the picture to find today's Science activity (25 minutes).	2 points
	<b>Class Zoom 10am</b> Go to Google Classroom to find your classes login URL, member ID & password (45 minutes).	5 points
<b>Screen Free Crunch &amp; Sip</b> Enjoy a fruit or vegetable snack and a drink of water. After you finish your snack, try jumping 20 times like a frog (15 minutes).		
	<b>Writing</b> Click on the picture of the hand with the pencil for today's writing task (20 minutes).	3 points
<b>Screen Free Morning Tea</b> Enjoy a healthy snack and have a play.		
	<b>PM Readers Online</b> Click on the picture of the reader/books and read one book today (15 minutes). Record yourself reading for 1 minute and upload to Seesaw.	3 points
	<b>Wiggle and Move Break</b> Click on the picture to complete today's movement activity (5-10 minutes).	2 points
	<b>Mathematics</b> Click on the picture for today's Maths activity (25 minutes).	2 points
<b>Screen Free Lunch</b> Enjoy a healthy lunch and have a play (30 minutes).		
	<b>Story Time</b> Click on the picture to find today's story time (10 minutes). Try retelling the story to someone at your house (10 minutes)	2 points
	<b>Food and Nutrition</b> Click on the picture to find today's PDHPE lesson (20 minutes).	3 points
	<b>Mindfulness</b> Click on the picture to find today's mindfulness activity (10 minutes).	1 point
	<b>Finished</b> You have finished today's planned learning. Well done! Tally up your points and upload them to Seesaw. Now it's time to turn off your screen and get some down time.	
	<b>Extension</b> If you want an extra challenge you can complete 1x assigned <a href="#">Reading Eggs</a> activity and 1x assigned <a href="#">Mathletics</a> activity. You might like to do <a href="#">Learning Centres</a> or you can finish off unfinished work.	Not mandatory No points

## WELLBEING Wednesday 1st Daily Timetable

Links	Description	Point System
	<b>I am ready to learn:</b> <input type="checkbox"/> I have had breakfast (1 point). <input type="checkbox"/> I have made my bed and tidied my bedroom (1 point). <input type="checkbox"/> I have brushed my teeth (1 point). <input type="checkbox"/> I am wearing a HWPS school shirt (1 point).	
	<b>Online Roll Check</b> Click on the picture and complete the online roll check to show that you are learning from home today.	<i>1 point</i>
	<b>PM Readers Online</b> Click on the picture of the reader/books and read one book today (15 minutes). Record yourself reading for 1 minute and upload to Seesaw.	<i>2 points</i>
	<b>Class Zoom 10am</b> Go to Google Classroom to find your classes login URL, member ID & password (45 minutes).	<i>5 points</i>
<b>Screen Free Crunch &amp; Sip</b> Enjoy a fruit or vegetable snack and a drink of water. After you finish your snack, try jumping 20 times like a frog (15 minutes).		
	<b>Paralympics</b> Click on the picture to find today's PDHPE lesson (20 minutes).	<i>3 points</i>
<b>Screen Free Morning Tea</b> Enjoy a healthy snack and have a play.		
	<b>Story Time</b> Click on the picture to find today's story time (10 minutes).	<i>2 points</i>
	<b>Visual Arts</b> Click on the picture to find today's Visual Arts activity (30 minutes).	<i>3 points</i>
	<b>Wellbeing Wednesday</b> It's time to turn off screens and walk away from your device and the usual online learning. Click on the picture to check out the <b>WBW Choice Board</b> for some ideas. Select an activity or two you might like to do today instead of online learning. Post a picture or video of your wellbeing activities to Seesaw.  At the end of the day, go to Seesaw and complete the WBW reflection sheet in the activity section.	<i>No Points</i>



## Thursday 2nd Daily Timetable

Links	Description	Point System
	<b>I am ready to learn:</b> <input type="checkbox"/> I have had breakfast (1 point). <input type="checkbox"/> I have made my bed and tidied my bedroom (1 point). <input type="checkbox"/> I have brushed my teeth (1 point). <input type="checkbox"/> I am wearing a HWPS school shirt (1 point).	
	<b>Online Roll Check</b> Click on the picture and complete the online roll check to show that you are learning from home today.	1 point
	<b>Music</b> Click on the picture to find today's Music lesson with Mr Debnam (15 minutes).	2 points
	<b>Class Zoom</b> Go to Google Classroom to find your classes login URL, member ID & password (45 minutes).	5 points
<b>Screen Free Crunch &amp; Sip</b> Enjoy a fruit or vegetable snack and a drink of water. After you finish your snack, try jumping 20 times like a frog (15 minutes).		
	<b>Writing</b> Click on the picture of the hand with the pencil for today's writing task (20 minutes).	3 points
<b>Screen Free Morning Tea</b> Enjoy a healthy snack and have a play.		
	<b>PM Readers Online</b> Click on the picture of the reader/books and read one book today (15 minutes).	3 points
	<b>Wiggle and Move Break</b> Click on the picture to complete today's movement activity (5-10 minutes).	2 points
	<b>Mathematics</b> Click on the picture for today's Maths activity (25 minutes).	2 points
<b>Screen Free Lunch</b> Enjoy a healthy lunch and have a play (30 minutes).		
	<b>Story Time</b> Click on the picture to find today's story time (10 minutes). Try retelling the story to someone at your house (10 minutes)	2 points
	<b>Drama</b> Click on the picture to find today's Drama lesson with Miss Leone & Miss Jasmin (25 minutes).	3 points
	<b>Mindfulness</b> Click on the picture to find today's mindfulness activity (10 minutes).	1 point
	<b>Finished</b> You have finished today's planned learning. Well done! Tally up your points and upload them to Seesaw. Now it's time to turn off your screen and get some down time.	
	<b>Extension</b> If you want an extra challenge you can complete 1x assigned <a href="#">Reading Eggs</a> activity and 1x assigned <a href="#">Mathletics</a> activity. You might like to do <a href="#">Learning Centres</a> or you can finish off unfinished work.	Not mandatory No points

## Friday 3rd Daily Timetable

Links	Description	Point System
	<b>I am ready to learn:</b> <input type="checkbox"/> I have had breakfast (1 point). <input type="checkbox"/> I have made my bed and tidied my bedroom (1 point). <input type="checkbox"/> I have brushed my teeth (1 point). <input type="checkbox"/> I am wearing a HWPS school shirt (1 point).	
	<b>Online Roll Check</b> Click on the picture and complete the online roll check to show that you are learning from home today.	1 point
	<b>PM Readers Online</b> Click on the picture of the reader/books and read one book today (15 minutes).	2 points
	<b>Class Zoom 10am</b> Go to Google Classroom to find your classes login URL, member ID & password (45 minutes).	5 points
<b>Screen Free Crunch &amp; Sip</b> Enjoy a fruit or vegetable snack and a drink of water. After you finish your snack, try jumping 20 times like a frog (15 minutes).		
	<b>Writing</b> Click on the picture of the hand with the pencil for today's writing task (20 minutes).	3 points
<b>Screen Free Morning Tea</b> Enjoy a healthy snack and have a play.		
	<b>Mathematics</b> Click on the picture for today's Maths activity (25 minutes).	3 points
	<b>Story Time</b> Click on the picture to find today's story time (10 minutes). Try retelling the story to someone at your house (10 minutes)	2 points
	<b>Stage 1 FUN Zoom 12:45pm</b> Go to Google Classroom to find your classes login URL, member ID & password (15 minutes).	5 points
<b>Screen Free Lunch</b> Enjoy a healthy lunch and have a play (30 minutes).		
	<b>Wiggle and Move Break</b> Click on the picture to complete today's movement activity (5-10 minutes).	2 points
	<b>Father's Day</b> Click on the picture to find ideas for Father's Day. Father's Day is a day for people to show their appreciation for fathers and father figures. Father figures may include stepfathers, guardians, and family friends.	3 points
	<b>Mindfulness</b> Click on the picture to find today's mindfulness activity (10 minutes).	1 point
	<b>Finished</b> You have finished today's planned learning. Well done! Tally up your points and upload them to Seesaw. Now it's time to turn off your screen and get some down time.	
	<b>Extension</b> If you want an extra challenge you can complete 1x assigned <a href="#">Reading Eggs</a> activity and 1x assigned <a href="#">Mathletics</a> activity. You might like to do <a href="#">Learning Centres</a> or you can finish off unfinished work.	Not mandatory No points